



**PBHA**  
Panhandle Behavioral  
Health Alliance

# PBHA Newsletter

July 2020

*“Mental pain is less dramatic than physical pain, but it is more common and also more hard to bear. The frequent attempt to conceal mental pain increases the burden: it is easier to say “My tooth is aching” than to say “My heart is broken.”*

– C.S. Lewis

## Announcements

*July 13<sup>th</sup>-14<sup>th</sup> – NAMIcon Virtual Convention (free). [Register.](#)*

*July 15<sup>th</sup> – NatCon At Home (free). [Register.](#)*

*July & August – Positive Behavior Management and Support Workshops. CEUs by HHSC. [Register \(scroll down for link\).](#)*

*August 5<sup>th</sup> at noon – PBHA Stakeholders meeting via Zoom*

*September 10<sup>th</sup>-12<sup>th</sup> – Crisis Intervention Team Conference*

*October 2020 – Peace of Mind Conference*

# Work Group Co-Chairs Corner

## Community Awareness

- Currently assessing how to maximize the impact of future viewings (virtual/hybrid/in-person) of *Angst: Raising Awareness around Anxiety* with AISD and other community viewings.
- 2020 Peace of Mind Conference: Looking into October 13<sup>th</sup> or 20<sup>th</sup>

- Created a learning community around integrated health care by having monthly presentations on chapters from the book *Integrated Care: A Guide for Effective Implementation*, and discussing future presentations for our behavioral health community building on the success of our previous presentations. *Our learning community members report the following progress at their clinical sites:*
- RHN: Currently working on ways to increase BH staff interaction within our clinics (i.e. creating a Controlled Substance Agreement) as well as create a tiered approach to integrated health care within the interdisciplinary team that includes universal assessment.
- HTC: Introduced i2i Program (electronic medical record component) that allows for additional monitoring of patient results leading to improved patient care. Entered into MOU with Amarillo College to provide MH services to 100 AC students a year and adds a new part-time Patient Care Coordinator to the Social Department. Currently screening all Shalom Chronic Care patients with PHQ-9 (Depression screening tool).
- TPC (at HTC) integration: Collaborated set policies for House Bill 13 Project 2 for structure and to address areas in which additional MH/BH services could be utilized.

## Integrated Care

## Behavioral Health Provider Shortage

- May 5<sup>th</sup>: Strategies to Address Behavioral Health Provider Shortages via Zoom
- October 2020: Behavioral Health Careers presentation planning. This is an expansion on the March presentation (by TPC and The Pavilion) with the fall being open to the community with breakout sessions.
- October 2020: Speaking Grief Screening followed by a panel discussion. A collaboration between WTAMU Social Work, BSA Hospice of the Southwest and PBHA.
- Planning and developing survey tools to determine labor market data and retention factors for BH professionals in the Texas Panhandle.

## Justice (League)

- Potter and Randall County jails will be collecting recidivism data. The methodology and process is still being refined at this time, but will be the same amongst both county jails. The Justice League plans to use this collective data to identify our local baseline so that we can identify the impact of the interventions being developed. Collective data will also aid partners in pursuing collaborative projects and grants.
- Procedures for mental health clients being released from Potter and Randall County jails into the community are being assessed. Work group members are working on the process to provide a smooth transition from incarceration to mental health treatment or connection in the community. HTC has applied for a grant to be the lead agency in providing this resource.

- Charged with developing and administering measurement tools that assist in evaluating PBHA's progress toward achieving its mission of systems change and collective impact. Quantitative and qualitative data collection and analysis are intended to be shared with stakeholders, funders, and the state of Texas as a part of the Community Mental Health Grant requirements.
- The work group convenes monthly, regularly reviews strategic plan implementation and strives to provide meaningful data that reflects the collective work efforts of the Alliance. The measurement workgroup has most recently reviewed and provided analysis to the Gaps Survey and Stakeholder Satisfaction Survey.
- The work group has also developed a new "Mini" Satisfaction Survey that will provide immediate feedback after each stakeholder meeting and will be administered each time PBHA stakeholders convene.

## Measurement & Development

### PBHA Work Group Co-Chairs

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### Helpful Acronyms

BH/MH – Behavioral Health/Mental Health

HTC – Heal the City

MOU – Memorandum of understanding

NAMI – National Alliance on Mental Illness

RHN – Regence Health Network

TPC – Texas Panhandle Centers

||work groups meet monthly||