

Speaker Bios – Ask an Expert! Provider

JENNIFER HALE

Jennifer graduated with a Bachelor's from Wayland Baptist University in 2005 and has been certified by Texas Panhandle Centers as a Qualified Mental Health Professional. With this background she has been providing mental health services to AISD for the past 12 years. Jennifer and her team of six perform assessments, refer and provide life skills, in-school counseling and offer support for students and their families. Jennifer and her team work hard advocating for mental and emotional wellbeing of students from kindergarten through twelfth grade.

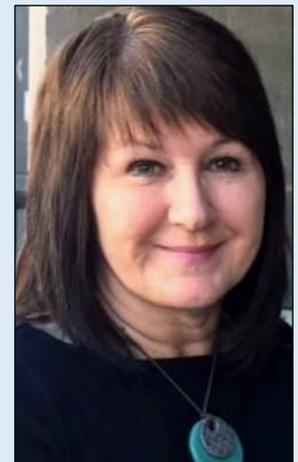
Jennifer previously worked as a program director at Amarillo Area CASA for 9 years. This experience gave her a deep appreciation for the mental health system in the Amarillo area and the need in our young people.



MARGIE NETHERTON (PANEL MODERATOR)

M.A., A.B.D., NAMI-certified Family-to-Family and Family Support Group Trainer and Facilitator

After one of her family members was diagnosed with a serious mental illness, Margie Netherton helped to re-establish the Texas Panhandle affiliate of the National Alliance on Mental Illness and was the affiliate's President for six years. She is currently NAMI Texas Panhandle's Education Program Administrator and organizes and oversees all its free classes, seminars, and support groups. Margie is certified as a NAMI Texas trainer and facilitator for NAMI's evidence-based Family-to-Family class and Family Support Group. She is also the author of *Moving Towards Joy: A Self-Care Workbook for Caregivers of Loved Ones With Serious Mental Illness (2018)* and has presented self-care workshops at NAMI Texas conventions. In addition to her volunteer work in mental health, Margie is a Professor of English at Amarillo College, where she has taught composition, literature, and creative writing since 1999.



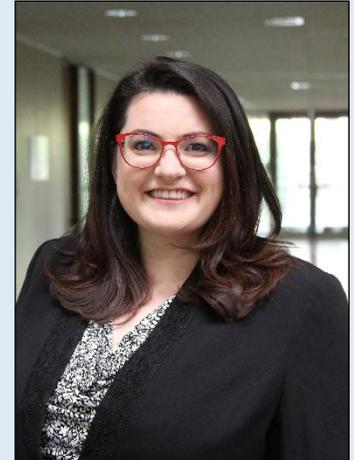
AMY STARK

M.D.

Dr. Amy Stark is an Associate Professor of Psychiatry at Texas Tech University Health Sciences Center. She is board certified in both general and addiction psychiatry and provides psychiatric care to an underserved part of the great state of Texas.

Dr. Stark received her general psychiatric training at the number one hospital in the nation: Mayo Clinic, where she served as Chief Resident. After concluding her general training, she completed subspecialty training in addiction psychiatry at Yale University. She has several publications in academic journals, and recently co-authored a chapter in the timely and necessary text: *Burnout in Women Physicians: Prevention, Treatment and Management*.

She has been recognized as an outstanding educator within her institution, in her local community and also on state-wide and national stages. She has collaborated with philanthropic organizations, law enforcement agencies and educational institutions to help address the stigmatization of mental illness. When not treating patients, teaching students or giving presentations, Dr. Stark enjoys a quiet life at home with her partner and their three cats.



KATHY TORTOREO

MA (Psychology), LPC

Kathy received her Bachelor's Degree in Psychology from California State University at Fullerton in 1993, and received her Master's Degree in Psychology from West Texas A&M University in 1998. Her early counseling career was with children and adolescents, first with Texas Panhandle MHMR and Family Support Services, then later working with at-risk families with Children's Home Society in Fort Lauderdale, Florida.

Back in Texas in 2009, Kathy worked with Family Support Services as the Coordinator for the Battering Intervention and Prevention Program, working with men and women who have perpetrated Domestic Violence in their intimate relationships. Kathy was promoted to the Director of Crisis Services in September of 2015, working with the Crisis Department's team to assist victims and survivors of both Domestic Violence and Sexual Assault. Kathy's primary areas of concern continue to be serving victims and survivors of domestic and sexual violence and other trauma, as well as social justice issues.

