

Speaker Bios – Community Perspectives on COVID-19 & Mental Health

ANDY B. CROCKER

Andy Crocker's role is to support County Extension Agents for Family and Community Health in their efforts to educate older adults, caregivers, and the professionals who serve them. Since joining AgriLife Extension in 2003, Mr. Crocker has worked to develop resources to help older adults improve their health literacy through communication with their health provider and better medication management; navigate the Internet and access reliable health information; and provide information and referral to grandparents rearing their grandchildren.

Mr. Crocker serves on a number of boards throughout the State of Texas. He is a past recipient of Texas A&M AgriLife Extension Service's Award for Superior Service, as an individual and as part of a team, and a two-time recipient of the Texas Extension Association of Family and Consumer Sciences' Specialist Award for Distinguished Achievement.

Mr. Crocker earned a B.A. in Biology (2001) and an M.S. in Gerontology (2002) from Baylor University in Waco, Texas.



STELLA HALES & REAGAN HALES (STELLA'S MOM)

Stella Hales is a 12 year old seventh grader attending Crockett Middle School. Stella started experiencing Anxiety around the age of 10 and sought treatment. She continues with her treatment to manage her illness. She wishes to share her experience so that others will seek the help or treatment that they need.

Stella is a straight-A student, is an avid basketball player, and is currently pursuing her musical interests in electric guitar. Stella has participated in productions with Amarillo Little Theatre and aspires to have a career in the arts or music one day. Her favorite city is New York City, which she has traveled to twice by raising money selling cupcakes that she loves to bake.

Reagan Hales is a native of Amarillo. Stella's mother, Reagan serves as Associate VP of Innovation for Amarillo College's new Innovation Outpost campus.



Reagan is the proud mother of three children (Jackson, **Stella** and Scarlett). Her family attends Redeemer Christian Church and has volunteered regularly with the Refugee Language Project and Snack Pak 4 Kids.

ELIA MORENO

Elia Moreno is the author of *Permission to Rest and Living Intentionally*, a book that depicts her own personal journey and hard earned insights on the importance of adding value to the lives of others in just 90 seconds. She currently serves as the Co-Executive Director of Texas Christian Community Development Network. In addition to her role as Co-Executive Director, Elia serves as Founder and CEO of Living Intentionally Ministries, is also the National Program Director for Beegle Communication Across Barriers, and holds the position of National Director of Community Outreach for the No Excuses University Network of Schools, a growing network of 250 schools who promote college readiness for all students, especially those living in poverty.



Elia serves on many boards and committees. She is bilingual, and a master at assisting organizations and individuals who seek to implement fresh ways to connect with those living in poverty.

Elia was selected as a 2015 USA Characters Unites Award Winner by USA Network, the winner of the 2016 Suddenlink Community Impact Award, as well as bestowed the privilege of being named the 2016 Amarillo Beta Sigma Phi Woman of the Year. Most recently she was honored with the 2017 Amarillo Hispanic Heritage Lifetime Achievement Award.

SARA NORTHRUP (PANEL MODERATOR)

LCSW

Sara Northrup is a Licensed Clinical Social Worker (LCSW) with over 20 years' experience in behavioral health service provision and administration.

She is a three time graduate of West Texas A&M University, receiving both undergraduate and graduate degrees in Social Work. She also holds a Master's degree in Interdisciplinary Studies, with a research emphasis in Sociology, Economics, Speech Communication and Business Management.

She is employed as a Program Administrator in Adult Behavioral Health Services at Texas Panhandle Centers for Behavioral & Developmental Health.

