



Important Mental Health Resources

AISD Student and Family Advocates

806-326-2057

Free mental health services for AISD students (at school, in your home, or by phone or online)

Family Support Services 24/7 Crisis Hot Line

806-374-5433 (LIFE)

For victims of sexual assault, family violence and human trafficking in the Texas Panhandle

806-342-2500 (FSS main phone; counseling, support groups, others)

Texas Tech Psychiatry

806-414-9970

1400 Wallace Blvd # 106, Amarillo, TX 79106

Cenikor

1-888-236-4567

Local inpatient and outpatient rehab facility

The Pavilion

806-354-1810

Psychiatric Hospital

Texas Panhandle Centers Mental Health 24/7 Crisis Line

806-359-6699

806-337-1000 (TPC Community Mental Health Center main phone)

National Crisis Text Line

Text "HOME" to 741741

For a comprehensive list of resources:

<http://panhandlebehavioralhealthalliance.org/resources/>