

“Anything that’s human is mentionable, and anything that is mentionable can be more manageable. When we can talk about our feelings, they become less overwhelming, less upsetting and less scary.”

- Fred Rogers

PBHA

Panhandle Behavioral Health Alliance

AGENDA

February 3, 2021

2021 Annual Meeting

- I. **Welcome** - Dave Clark, PBHA Chair
- II. **Speaker:** Gary M. Blau, Ph.D.
Dr. Blau is a licensed clinical psychologist and Executive Director of The Hackett Center for Mental Health, part of the Meadows Mental Health Policy Institute. Previously, he was Chief of the Child, Adolescent and Family Branch for the federal Substance Abuse and Mental Health Services Administration (SAMHSA). Dr. Blau has been acknowledged as the “father” of Youth MOVE (Youth Motivating Others through Voices of Experience) and the “founder” of the national Building Bridges Initiative (BBI), which is focused on improving outcomes for youth who receive residential interventions.
- III. **Q&A** with Dr. Blau
- IV. **2020 Review** - Dave Clark, PBHA Chair, and Shree Veeramachaneni, PBHA Executive Director
- V. **Networking** via Zoom Breakout Rooms & Mini Survey/Feedback

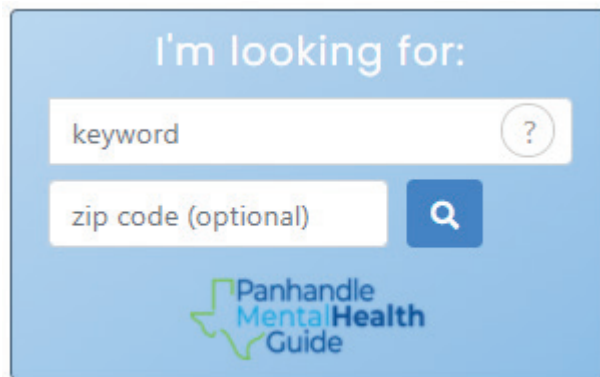
Next Stakeholder Meeting: April 7, 2020

Panhandle Behavioral Health Alliance • Shree Veeramachaneni, Executive Director
Shree@PanhandleBehavioralHealthAlliance.org • 2207 Line Ave. • Amarillo, TX 79106
806.350.5277 • PanhandleBehavioralHealthAlliance.org
United Way of Amarillo & Canyon is the fiscal sponsor and supporter of PBHA

2020 YEAR IN REVIEW

We focused our efforts on bringing together professionals and people with behavioral health experience to:

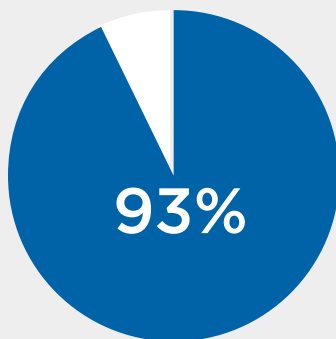
- Educate the public about mental health through the Peace of Mind Conference, Mental Health First Aid and virtual gatherings
- Connect people in need with resources that can help through www.PanhandleMentalHealthGuide.org
- Improve early intervention practices for youth with mental health issues by supporting provider enrollment in the Child Psychiatric Access Network
- Expand the behavioral health workforce by providing opportunities for students to explore internships and behavioral health career pathways in the Texas Panhandle
- Improve care and reduce stigma for those involved in the justice system
- Provide support to those whose mental health has been affected by COVID-19
- Train people in Mental Health First Aid



The Panhandle Mental Health Guide has a widget that can be added to other websites to help direct people to mental health services in our area. The Panhandle Behavioral Health Alliance will be contacting partners in coming weeks to encourage adding the widget to more websites in our service area.

In an October 2020 satisfaction survey, PBHA stakeholders answered "Yes":

Capacity/ability to address behavioral health was improved/expanded



Partnerships have been formed, strengthened and/or barriers reduced



Operational Activities Supported by:

2 FTE staff + more than 1,000 in-kind hours from PBHA members and stakeholders

Institutional In-Kind Support From

United Way of Amarillo & Canyon: \$27,233
West Texas AHEC: \$225

PBHA Behavioral Leadership Team

Dave Clark, *PBHA Chair*
Texas Organization of Rural & Community Hospitals

Mary Coyne, *PBHA Vice-Chair*
AscentHealth Consulting/MCMC -
Mary Coyne Marketing Communications

Laura Street, *PBHA Past Chair*
Laura Street Consulting

Kathy Cornett
Community Volunteer

Carolyn Witherspoon
Coalition of Health Services

Judy Day, *PBHA Measurement and Development
Co-Chair*
Community Volunteer

Katie Noffske
United Way of Amarillo & Canyon
(PBHA Fiscal Sponsor)

Libby Moore
Texas Panhandle Centers

Terry Easterling
Community Supervisions & Corrections
47th Judicial District

PBHA Workgroup Co-Chairs

Meg DeJong-Shier, *Behavioral Health Provider
Shortage Co-Chair*
West Texas A&M University

Rene Havel, *Behavioral Health Provider
Shortage Co-Chair*
The Pavilion

Jennifer Hale, *Community Awareness Co-Chair*
Amarillo Independent School District

Elia Moreno, *Community Awareness Co-Chair*
Living Intentionally Ministries

Tim Bowles, *Integrated Care Co-Chair*
Oceans Healthcare

Joseph Dad, *Integrated Care Co-Chair*
Regence Health Network

Valerie Spanel, *Integrated Care Co-Chair*
Texas Panhandle Centers at Heal the City

Maira Argomaniz, *Justice Co-Chair*
Texas Panhandle Centers

Brittany Cotgreave, *Justice Co-Chair*
Community Supervision & Corrections
47th Judicial District

Judy Day, *Measurement and Development Co-Chair*
Community Volunteer

Patrick Osei-Hwere, *Measurement and
Development Co-Chair*
West Texas A&M University

Financials

January 2020 - December 2020 Totals

Revenue	\$ 165,518
Expenses	\$ 138,909

Financials

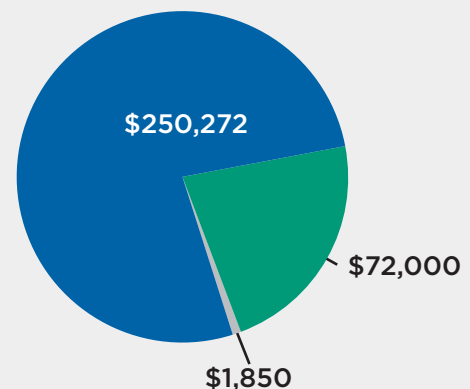
2021 Funding Amount

Amarillo Area Foundation	\$ 50,000
Mary E. Bivins Foundation	\$ 22,000
TX Health & Human Services Commission Grant*	\$ 250,272

*2-year, cost-reimbursement grant, starting 9/1/2020: \$250,272

Funding Source (Amount/Type)

- Texas State Grant (2020-2022)
- Private/Local Grants (2021)
- PBHA Sponsorships and Fees (2020)



PBHA

Panhandle Behavioral Health Alliance

Framework for Community Well-Being

