

# Speaker Bios – Trauma-Informed Care in the Justice Setting

## CHELLSEA REA

*A.S, B.A.*

Chellsea Rea completed her Associates in Science for Psychology in 2016 and her Bachelors of Arts in Psychology with a minor in Sociology in 2017. During her undergrad, she spent time compounding medication as Pharmacy Technician to put herself through school. Ms. Rea graduated high school at the age of 16 and was a teen mother all while going to college. She became chronically ill at the age of 19 while continuing to find passion to advocate for others with both physical and mental health problems, and started her career as a Qualified Mental Health Professional Case Manager from 2018 to 2020. In October 2020, Chellsea Rea took employment at Regence Health Network Outreach Clinic as a Social Worker completing mental health evaluations, biopsychosocial assessments, medical social work, appropriate referrals and coordination, skills training for physical/mental health, and substance abuse. Ms. Rea is continuing to work on her Masters in Art for Counseling and Mental Health to gain her LPC later.



## RICK SMITHSON

*M.A.*

Rick Smithson is the YES Waiver Program Manager for Texas Panhandle Centers, and a Certified Trainer for 8 curriculums. Mr. Smithson's previous work experience includes Mental Health Specialist with Juveniles for Texas Correctional Officer for Offenders with Medical or Mental Impairments, the Regional State Therapeutic Foster Care Director, Department of Family Protective Services Child Protective Services Investigator III, Lead Counselor for Juvenile Detention Center, Individual and Family Counselor at Family Support Services, and an Associate Psychologist with Family First Program at Texas MHMR.

