



Via Hope's Recovery Institute works to promote community transformation by supporting local leaders as they put person-centered, trauma-responsive principles into action.

What is Person-Centered?

Adopting a person-centered approach requires that we not only address the “Important FOR” aspects of a person’s wellness, but also attend to the “Important TO” aspects of their life - including their hopes and dreams.

Important TO the Person

- Meaningful relationships
- A place of my own
- Valued social roles
- Independence
- Freedom to Make Choices
- Cultural and personal preferences
- Faith and spirituality
- A job, a career



Important FOR the Person

- Basic health and safety
- Management of clinical symptoms
- Maslow’s basic needs
- Harm reduction
- Management of risk
- Legal obligations & mandates

What does Recovery mean?

SAMHSA’s Definition of Recovery: Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential.