



SUPPORTING FRONTIER COMMUNITIES IN MENTAL HEALTH

SYMPOSIUM & RESOURCE FAIR

This year's symposium will focus on the mental health and well-being of our youth and families.

REGISTER BY CLICKING HERE OR SCAN BELOW.

APRIL 11, 2025, 8:30AM - 3:00PM

**FRANK PHILLIPS COLLEGE
DILLARD LIBRARY
1301 W. ROOSEVELT
BORGER, TX**



Open to any interested community member or professional.

Deadline to register is **Friday, April 4th, 2025.**

**NO COST TO ATTEND | LUNCH PROVIDED
5 HOURS OF SOCIAL WORK CEUs AVAILABLE**

AMARILLO COLLEGE IS AN APPROVED PROVIDER THROUGH THE TEXAS STATE BOARD OF SOCIAL WORKERS AND PROVIDES CEUS FOR SOCIAL WORKERS. AMARILLO COLLEGE PROVIDES CONTACT HOURS OF CONTINUING EDUCATION FOR LICENSED PROFESSIONAL COUNSELORS, LICENSED MARRIAGE FAMILY THERAPISTS, AND PSYCHOLOGISTS.

Supporting Frontier Communities in Mental Health Symposium
Friday, April 11, 2025
8:30 am to 3:00 pm
Frank Phillips College — Dillard Library

8:30 am to 8:55 am	Check In and Breakfast- Provided by Panhandle AHEC
9:00 am to 10:00 am	Brain Function, Early Brain Development, and Informed Care <ul style="list-style-type: none"> • Michelle Maikoetter (Director of Special Projects, The Neurosequential Network)
10:00 am to 10:30 am	BREAK and Resource Fair
10:30 am to 11:10 am	FIRST Breakout Session - Please choose one of the five following options: <ol style="list-style-type: none"> 1. What is the W.R.A.P. (Wellness, Recovery, Action, Plan) tool? <ul style="list-style-type: none"> • Julie Winters (Executive Director ASPIRE, A Mindful Place) • Rico Goff (Peer Support Specialist, Hutchinson County United Way) 2. Suicide Prevention Awareness: Talk Saves Lives and Introduction to Mental Health First Aid (MHFA) <ul style="list-style-type: none"> • Crystal Morton (MHFA Outreach Coordinator, Texas Panhandle Centers) • Lee Gibbons (Trainer, American Foundation for Suicide Prevention; Community Health Improvement Program Specialist II, Texas Department of State Health Services) 3. Overdose Prevention and Substance Use Panel <ul style="list-style-type: none"> • Courtney Austin (Prevention Manager, Cenikor) • Alberto Soto-Gonzales (Training/ Hub Coordinator, Peer Recovery Services, Central Plains Center) 4. Lego Build 4 Change Facilitation: Improving Communication Between Adults and Children (ACTIVITY) <ul style="list-style-type: none"> • Margie Gonzales (Facilitator, Certified LEGO® Serious Play®; Pastor, Baptist Community Services) 5. Resource Fair
11:15 am to 11:55 am	SECOND Breakout Session - Please choose one of five options listed above.
12:00 pm to 12:30 pm	Lunch- Provided by Panhandle AHEC
12:45 pm to 2:45 pm	Recognize, Respond, and Report Training <ul style="list-style-type: none"> • Demi Saucedo (Forensic Interviewer, The Bridge) • Christiana Perez (Forensic Interviewer, The Bridge)
2:45 pm to 3:00 pm	Q&A and Event Evaluation